

Backpacking Participants Packet

This packet is for of Trails Club backpacking trip participants. It includes useful information for backpackers as well as all the forms needed to participate in a Trails Club backpack trip.

The first part of the packet is information will be extremely useful to you as a planning aid. Read these articles carefully. Use whatever is relevant to you and your situation. Talk to your leader if you have questions.

The following information documents are included:

- **Before Going with the Group** (2 pages) - A general guide for participating on Trails Club events.
- **Backpack Trip Rating Guide** (1 page) - A description of the trip rating system used on Trails Club backpacks.
- **Backpacking Tips** (2 pages) – Tips for new backpackers.

The Second part contains the following forms:

- **Application for Backpack** (1 page) - The Application for Backpack needs to be filled out sent to the trip leader. This registers you for the trip.
- **Emergency Contact Information** (1 page) - Complete and carry the emergency Contact Information form with you. It shows information that may be needed in case of a medical emergency.
- **Participant Feedback** (1 page) - At the end of the trip mail in the completed Participant Feedback form to the Trails Club PO box.

You only need to print the last 3 pages of the packet (pg 7-9) to print all the forms.

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